

# Coláiste Dispatch



September— October 2012



## Welcome from the team!

Transition Years have come together to bring you a very exciting newspaper, which will be available to view on-line in the coming weeks.

Firstly, we would like to welcome this year's first years, new staff members and PGDE teachers.

The fantastically upgraded computer room has allowed students to develop their I.T.

## Open Night

Open night occurs every year in October for the incoming 1<sup>st</sup> years. All 6<sup>th</sup> class primary students and their parents are invited to come and see the facilities and subject choices. The 6<sup>th</sup> class students and their parents are greeted by Mrs. Sweeney and Mr. O'Brien.

The first floor showcases Woodwork, Art, Business Studies and Home Economics in their designated rooms, In the Dining Assembly the TY Young Enterprise, Student Council, Parents Council and Meithal Team are all on show for parents and students to see.

In the old building Spanish, Biology, Technical Graphics, Maths and the Green-Schools Committee display their course content and achievements over the years.

On the second floor German, History, Irish and the Library were all welcome to visitors, filled with teachers and students gladly talking about their subjects.

skills.

Students are creating the newspaper using Microsoft Publisher.

The newspaper will feature articles on a variety of topics.

We wish everyone: staff, students and parents, a restful mid-term break and hope we will come back refreshed and ready for the final effort. Thanks for reading.

TY Communications Team

On the top floor the most anticipated event of the opening night was being held in the chemistry lab... The Chemistry Magic show. This has become an annual spectacular show in which audiences are brought in, in small groups at a time to see the transition year students perform the experiments which wowed them and left them speechless. The show is hosted by our very own Ms. Feehan and a expert group of TY students.

Also on the top floor was the physics lab, demo lab, French, Geography and English rooms. All teachers were very happy to answer any questions that were asked.

Throughout the night there were various student groups and TYs around to help out any one who needed it and to point out rooms for people. On the whole, the night was a great success for all who were involved.

Well done to all who participated!

By Niamh O' Connor, TY

## Scala Retreat

On Monday the 8th of October and Tuesday the 9th, TY groups went on a religious retreat to Scala.

The groups were greeted by 3 different leaders. First they played team games, which, everyone enjoyed and worked together. They then had a break for 20 minutes where the students had tea or coffee.

They then went back to their leaders and they had a meditation session. Everyone got a cushion to sit on and one of the leaders read out some relaxing words while listening to soothing music. All students benefit from unwinding.

After the meditation session they spoke in groups about gifts and the different gifts they all have.

They then had lunch for an hour and went back and played some more fun team games.

Thanks must be paid to those teachers that accompanied students on the day (Mrs. O' Dea and Mrs. Bilginer)

## Green-Schools

Mon: Green-Schools 13:20 Rm 13

Tues: GS Website Team 13:20 Computer room

New members are welcome to join the committee. Currently, staff and students are working towards our 3rd Green Flag. 1st years will be shown a presentation in the coming weeks by existing members.

The Green-Schools Committee

## PB Awareness Week

The school community will be holding a Presentation Brothers Awareness Week starting the 12th November. The aim of the week is to celebrate our traditions and to remind ourselves that we are part of the Presentation Brothers Schools Trust. The theme of the week will be "Reaching Out" and we will ask ourselves who do we reach out to, how can I improve on this and who can I turn to for help?

The week will see many activities, Brothers from the Presentation Community will be visiting the school and student leadership teams will travel to Mount St. Joseph and complete a mini-workshop on "Reaching Out".

The 4A class have started to visit first and second year classes to complete a project on Edmund Rice and the Presentation Community. This Project will be on display during the week. The school community will end the week with the celebration of Mass on the 21st of November, The feast of the Presentation. We hope that it will be a spiritual week for all.

Lucas Keating, TY

# Transition Year

## Spike Island - a Successful Day Out for All

Spike Island is more than just an island. This little piece of land off the southern tip of Ireland in Cork Harbour holds the key to so much of Ireland's history, much more than even you can imagine. Its idyllic scenery does little to explain its long history.

The students of Coláiste Muire were very impressed with the island. One student described his trip by saying 'We went on a boat trip and walking tour which was very interesting...try and go on a good weather day as I imagine it can be quite cold there.' Another student said 'So glad we went as it was hugely educational. I had always thought Spike Island was a prison but it has been so much more than that so it was a very good history lesson for me. Our tour guide was excellent and he could answer all our questions.'

This is definitely one for the family and well worth a look!

Ewan O' Keefe, TY



**Aerial shot: Spike Island**



## T.Y. Workshop: Sailing

On Monday and Tuesday the 8th and the 9th of October Transition year students participated in a sailing lesson in Cove Sailing Club in Whitepoint.

We were split into two groups. On Monday morning the first group went down to the sailing club and the second group did the P.E. workshop in the school gym. In the afternoon we swapped. At the sailing club, we were given wetsuits, shoes, waterproof jackets and a life-jacket. When we were dressed we brought our boats over to the slipway where the instructors went through safety guidelines and taught us the basics about sailing.

After practicing a few times we dragged our boats down to the water and hopped in. It took a while at first to get the hang of steering and controlling the sail but after a while we were all able to do it! We learned how to 'tack' which involves quickly moving from one side of the boat to the other without being hit by the boom which was a bar that the sails

were attached to, in order to turn. When everyone had learned the basics the instructors brought us further out into the harbour where we played water rugby, which everyone really enjoyed and some got really competitive in the game.

It was hard sometimes to keep the boat balanced and some people capsized a few times. We stayed in the water for about 2 hours and when we had brought our boats in we got to have a spin on the rib which was a speedboat and some people were allowed to steer it.

Overall it was a great experience and everyone that took part really enjoyed the day.



**TY Students**

Rachael Carey,

## Oysterhaven

The Cobh Transition year students enjoyed their day in Oysterhaven on September 25th.

We were divided into two groups, then started our activities.

One group went kayaking first and the second group went orienteering (land based activities.)

Then we had our lunch at 12:30 and switched activities. We finished at 3:00.

Although it was an exhausting day we thoroughly enjoyed ourselves. Kenny Mabila, TY

## Library Project

Noticed some changes in the library? The Transition Year Public Speaking Class have been working alongside Mrs. Murtagh and Miss Lenihan to revamp the library.

The shelves have been rearranged to introduce light to the room. Many historical and valuable books have been found.

New books, as suggested by a survey conducted with first years, have been ordered and will be hitting the shelves soon.

Aaron Frahill, TY

## Book Club

Due to growing demand a number of Transition Year students have organised a book club, which will be facilitated by Miss Lenihan.

The club will meet each Thursday at 13:20 in the library.

All year groups and staff are welcome to attend.

Eric Girasole, TY

## Musical: Hairspray

The Hairspray musical preparations have already got under way. Two people have come in to help us with this musical. The Director for our school show this year is Mr. Philip McTaggart-Walsh and his assistant Stephen is helping with the choreography. We are currently working on the dance routines that are in this musical.

All aspects of the musical allow students to work diligently together as a group. The musical involves hard work but is fun for all the years groups that are involved. Auditions have already taken place and students have been given different characters for the musical. The musical rehearsals take place every Wednesday at 13:15 till 15:00.

It will be ready to be shown late February/ early March. Mrs. Stafford and Mr. Finn are spending time working with us which is greatly appreciated.

Sarah Davidson, TY.

## Debating

Debating is open to all second years in Room 16 at 13:00 on Wednesdays, under the guidance of Mr. Long and Mrs. Manson.

## Young Enterprise

For the first eleven weeks of transition year, class 4A are part of a mini-company called 'Prestige TY.'

Within this company we have sold many products and it has been very successful. Some of these products include eco-friendly cleaning products and 2013 calendars. We are also teaching dance classes to first year girls and they will be performing in the Christmas concert.

We also set up a stand at the open night where we sold products and also held a competition to guess how many dogs were stuck up around the school.

Due to the fact that the company has been so successful, we will be attending and setting up a stall at the Trade Fair in Douglas on the 15th of December and this will hopefully promote our cleaning products and also our other products.

Jane Geasley, TY

## Community Care

Community Care (C.C.) is about going out to different places in your community and helping out.

### St. Mary's

T.Y. students go to places such as primary schools, the hospital, COPE, Park Road Centre, the Heritage Centre etc. Triple CC takes place at either 11:00 to 1:00 or 2:00 to 4:00.

For C.C., I go to St. Mary's Primary School. I go to the classes I'm assigned to and assist the teacher and the students within that class. Sometimes, I go to the office and help out, performing a variety of tasks, such as going around to the classes to hand out notes for parent teacher meetings. Also, I have to photocopy a lot of things for the teachers, like hand-outs.

At other times, I help the resource teachers. I've made books for the students and typed up homework and class work.

Toni O'Shea, TY

### Chill on the hill

I go to the Chill on the Hill. There I have to wait for primary school students. While waiting I help make snacks until 2:30pm. When everyone is here and has eaten they start their homework. I have to walk around and help them if they don't know what to do. I also have to check their work and correct them if it's wrong. Then when they are finished their homework I have to write a note saying that the person has all their homework done. I stay there until 4pm.

Kenny Mabilia, TY

### Cobh Hospital

I go with three other students to Cobh Hospital. There we play Botchia with the residents and we run the shop.

Sometimes we just sit and talk to the patients. It's good fun playing Botchia, because some of the residents get very competitive.

Emma O'Connell, TY



Cobh Hospital

## Students' Council

A warm welcome to all new members. If you've any concerns about facilities within the school, please talk to your Student Council Representative as soon as possible.

## Romeo and Juliet

Production Company: Corcadorca.

Last Friday, all 3rd years attended the very exciting performance at the Opera House. Some were a little disappointed with Jay Duffy's acting as Romeo, feeling that other characters such as Mercutio were portrayed much better.

The staging appeared plain at first, with large blank white walls being used, but, pictures were projected onto the walls which made for a modern take on the classic.

Well worth seeing as preparation for the Junior Certificate.

Thank you to Mrs. Mansworth, Mrs. Bilginer and Miss Lenihan, Mr. Connolly and Miss Anglim for organising and accompanying us on the day.

David Hally, 3rd year

## Ten Exam Tips

1. Never cram on the night before an exam. Study a little every night and it'll pay off in a long run.
2. Never have a late night when it comes to exams. You should go to bed early as you'll wake up fresher and ready for the exam ahead.
3. Have breakfast.
4. Arrive on time for the exams.
5. Read over the entire script before you start the exam.
6. Planning and presentation go hand in hand. Clearly number/label all questions and or diagrams correctly.
7. No talking in the exam centre.
8. Timing is a key factor. Make sure you give enough time to answer the questions but don't give too much time to some questions as you'll end up rushing.
9. Bring all your equipment with you.
10. Have a book to study if you're finished early.

Katelyn Kelly, TY

# Quick Quiz School Mass Digital distractions are the enemy

1. The Blue Mountains in Australia are famous for what type of tree?
2. Feb 2012-2013 in the Chinese year is represented by which animal ?
3. Name the 3rd President of Ireland.
4. Who is the composer of the Carmina Burana?
5. What's the name of the Obama's pet dog?
6. If you were to tuck into a plate of chitterlings, what organ would you be consuming?
7. What was the name of the RTE 'Man of the Match' in last year's All Ireland senior hurling final?
8. Premier League team who plays home matches at Turf Moor?
9. What land mammal has the thickest skin?
10. Name the character

Wednesday 21st November 2012 11:30am, St. Coleman's Cathedral.

## Awards Night

Friday 23rd November 2012 8pm.


## Parent-Teacher Meetings

All meetings 4:15 to 6:45—classes finish at 3:45.


3rd Years: Thursday 8th November 2012.

Thanks to all parents, students and staff for a successful 2nd Year Parent Teacher Meeting.


## Horoscopes

 Sagittarius (Nov 23rd – Dec 21st)


Teaming up with friends this month will lead to some great memories. Bring a camera so you'll never forget.

 Pisces (Feb 20th – Mar 20th)

A friend is in need of your support. Be available to lend a listening ear and a comforting hug.

 Gemini (May 22nd – June 22nd)

It's back to school now so schedule in some time to spend with your friends.

 Virgo (Aug 24th – Sep 23rd)

Your head is always in the clouds, but it's time to get it in the books and make the most of what's left of this year to succeed.

Recent US research says that the digital distraction problem is everywhere, and on a large scale.

Checking Facebook/BBM/smartphone just once during 15 minutes resulted in poorer grades. As time elapses, more windows are opened on the students' computers/smart phones.

The number of windows peaks at 8-10 minutes, and on-task behaviour (e.g study) declines at the same point. When students stayed on task, they performed better.

When they toggled between windows and other tasks, they performed worse "What we found was mind-boggling," said the researchers. "About every

three minutes, students are off task."


Last year, senior students in Coláiste Muire were surveyed about attitudes to study.

Over 50% of polled students agreed that Social Networking - which in Cobh in 2012 means 'being on Facebook', gaming- especially online via a PS3 or X-Box, browsing the internet, watching YouTube, texting on Blackberry Messenger (BBM), watching downloaded films, etc. was a significant distraction when studying.

Starting to study requires willpower.

Studying itself requires concentration.


Emily Montague, TY

 Capricorn (Dec 22nd-Jan 20th)


The stars are aligning to make this a very lucky month for you, but make sure to share the wealth with your friends.

 Aries (Mar 21st – Apr 20th)


You love your group of friends but it's time to meet new people. You'll be delighted with the road a new friend will

 Cancer (June 23rd – Jul 23rd)


Yes is your word this month. Don't be afraid to try something new even if it seems scary. You'll love

 Libra (Sep 24th – Oct 23rd)


Stop worrying about other people's problems, offer help but try to avoid meddling or you might get stuck in the middle of it.

 Aquarius (Jan 21st – Feb 19th)


You got thrown an unexpected obstacle but you're now beginning to realize that it's only made you stronger.

 Taurus (Apr 21st – May 21st)

Don't be so quick to judge. Being understanding towards someone else will help you later this year.

 Leo (Jul 24th – Aug 23rd)

One of your inner circle will leave you this month. Ask before assuming the worst because it's not what you

 Scorpio (Oct 24th – Nov 22nd)

All that stressing you were doing will soon be a distant memory. Your star is about to shine as you reap the rewards of all your hard work.



Correct answers on a sheet to be given to Miss Lenihan by October 26th, no later than 4 p.m.

Winners will be drawn from a hat and announced on November 5th.

## Seanfhocal na Seachtaine

Daltaí, beidh comórtas ag deireadh na bliana idir ranganna.

Is minic a bhris béal duine a shrón

## Hockey Progress

Two things the girls of Coláiste Muire possess is a great talent and ability to play hockey. Although they have a reputation of losing, they all have exceptional potential. Each player individually has unique skill.

With the excellent help of trainers Mrs. Caplis and Mrs. O'Callaghan, the girls come together and play as a team. The future looks bright with the help of the new trainer Mr. Austin. Being the captain of the Tipperary Gaelic team, he has great leadership and motivational qualities which he uses to help the girls. He provides them with a great perspective on the game.

The Hockey Team are due to play their first match as newly formed junior and senior teams against their rivals St. Als and Crosshaven. The teams are continuously improving but without a doubt the most competitive person on the teams is newest member, Mr Austin.

Alison Abbott and Sophie Ward



**"There is no shortcut to success"-  
Mr Austin.**

## Hurling

Under 14 and a half hurling matches on the 9th, 16th and 23rd November.

Training every Tuesday after school.

Mr. Cronin.

### Senior Hockey Team

Sophie Ward  
Rachel Carey  
Alison Abbott  
Abbie Mulvihill  
Alex Murphy  
Kate Morgan  
Aoibhinn Synott  
Clara Luddy  
Brenda Nsobuga  
Elaine Moynihan  
Lauren Bates  
Kate Gilley  
Emma Coughlan

### Junior Team:

Megan Foley  
Chloe Ward  
Aisling O'Sullivan  
Chloe Warmington  
Celine O'Callaghan  
Kayleigh Owens  
Aoife Butler  
Cliona O'Mahony  
Brigid Williams  
Aoife O Hara  
Eadaoin Devlin  
Lisa Tobin  
Alison Ireland  
Lauren Kavanagh  
Lauren Van Wijen  
Mary Murphy  
Myra McCarthy  
Pamela O Connor  
Romy Drake  
Romy Schregver  
Sarah Davidson  
Maeve Donnachie  
Fiona Mellerick  
Jess Bransfield

## P. E. Workshop

On October 8th and 9th Transition Years had a P.E. workshop.

We were split into teams and took part in team building activities.

First, we played human chess on a chess board drawn with chalk. Each team had one captain. Everyone enjoyed taking part in this game.

Then we had to get a partner, blindfold them and guide them through an obstacle course. This was a challenging activity.

Overall everyone enjoyed the workshop. A huge thank you to Mr. Austin and Mrs. O' Callaghan that organised the day and made it enjoyable for everyone involved.

Pamela O' Connor

If you would like your sports related club mentioned here please speak to the TY Communications team.

## Cobh Clubs

Cobh GAA  
Cobh Wanders  
Cobh Ramblers  
Cobh Pirates Rugby Club  
Cove Sailing Club  
Cobh Golf Club  
Cobh Fishermens' Rowing Club

## U19s

### Match 1

Home 4 - 1 Pres  
Goals  
Gavin Lynch (2)  
Glen Kavangh  
James Stoat

### Match 2

Home 0 - 1 Nagle  
Man of the Match:  
James Stoat

### Munster Senior Cup

Home 4 - 1 Ballincollig  
Goals  
Sean McLoughlin  
Gavin Lynch  
Jason Keating  
By Breffni Carter, TY

## Soccer

## Results

## U17s

### Match 1

Home 0 -1 Douglas  
Man of the Match:  
James Stoat

### Match 2

Home 2 - 1 Christians  
Goals:  
Jordan Tarrant  
Sean Richardson  
By Breffni Carter

# The Importance of Sport in Cobh

There are many sports clubs in Cobh that will help and improve your fitness along with team skills and making new friends.

All clubs have training days for the different age groups, training helps you to keep fit and enhance your skills in the sport you are playing.

Each club takes part in leagues, championships and competitions, this helps to develop a competitive side to everyone.

Also if the team succeeds they could win the competition they are in. All clubs have different ways of fundraising for doing different events, charities and rewards at the end of the year.

Each club has been known to succeed in their sport. This is great for the island of Cobh and the community. By winning their matches and competitions the aura of the club and people is lifted, giving a positive energy to everyone.

Every club is a tight-knit community but welcome new members and players all the time. Some of the clubs have had famous soccer players play with them and other past players have gone on to play with clubs in England, hoping to perform at a professional level for all to see.

Sarah Davidson, Callum Chapatte and Kyle Kirwan, TY

## Local History.

Local History is a very interesting subject which is about the Irish Diaspora .

The Irish Diaspora deals with a period when Irish people left Ireland in search of a new lives in America, Canada and Australia from 1845 onwards.

The Irish Diaspora changed in the last 150 years and were welcomed into many other world societies and have achieved so much.

Many presidents of America have had Irish roots . Barack Obama's great grandfather was born in Ireland he lived in a small town in Co.Offaly called Moneygall. His wife also has Irish roots.

This fascinating subject is organised and facilitated by Mr. Long.

Breffni Carter, TY



Last Sunday the Ballymore Cycling Club had their first winter cycle. This year there was a good turn out. Nine people left from the ferry.

The club was set up by Kevin and members take part in races around Ireland. They go on cycling tours for charity. For example a 40km cycle for leukaemia and for to fort charity cycle. They also host a county hill climb that is participated in by clubs all around Cork who come down to Ballymore and climb Ballymore hill. This hill is very steep and has a few twists and turns.

They also host a 10km race that involves every cycling club from Cork and last year was the first time they took part in the Saint Patrick's Day parade and they are looking forward to the group expanding in the future. New members are always. So get on your bike!

Diarmuid Farrell, TY

## THE WEAKENDERS

The Weakenders are an American rock n' roll band from Nashville, Tennessee.

The aspiring artists release a new song every week, available for the public to download on their website: [www.theweakenders.com](http://www.theweakenders.com).

The latest album 'Super Major' holds eight inspiring tracks, composed, recorded and edited by the four members themselves.

To keep up to date with the band members Eli Chastin, Joshhua Sales, Blair White and Joel Lauver, follow their twitter page:

@theweakenders

Alison Ronayne, TY

# What's in Fashion!

## Cozy Sweaters

The cosy new autumn sweaters will help you look sleek and sophisticated in fashion's favourite season. From hoodies to cable knits and v-necks to button-downs, all shops all over the country have a little something for everyone this season. The new jumpers are all in for Winter 2012!

## Leather

Leather is always a fashion favourite on the runway, but for autumn 2012 designers elevated the fabric to sophisticated places treating leather like traditional fabric. You can buy leather at any clothes shop for reasonable prices or if you have more expensive tastes in designer shops. Leather is everywhere this winter.

## Coloured jeans

This winter the coloured jean cocktail is set to continue and get bigger and bolder. Coloured jeans are once again a key trend. Coloured denim is a great way to bring your taste for bright colours into the cooler season. Coloured Jeans are perfect for the different temperatures at the moment , this season sees a more flattering straight leg cut than previous seasons skinny cut jeans. From maroons to pinks and deep blue-washes, the colour choices are endless. The bright colours give your legs a good shape and these coloured jeans are available stores throughout the country.

Sarah Davidson, TY

